

# Food for Life Catering Mark

## Fresh, traceable and trustworthy meals



Askham Bryan College has achieved the Bronze Food for Life Catering Mark for the meals we serve.

We use ingredients which are:

**traceable** **healthy**  
**LOCAL** **free range**  
**SUSTAINABLE** **FRESH**  
**seasonal**

### What does this mean?



- ✓ The food you're eating meets high standards of freshness, provenance and traceability
- ✓ All meals are free from additives and trans fats, and better for animal welfare
- ✓ We have passed a thorough inspection by the Soil Association to show that we meet these standards
- ✓ We will be inspected every year so that we can show we've kept up the good work



Free Range

For more information about the Food for Life Catering Mark visit: <http://www.sacert.org/catering>